

DANCE PARTY CHOICE BOARD

DIRECTIONS: CHOOSE A SONG AND USE ONE OF THE FOLLOWING TO GET YOUR BODY MOVING!

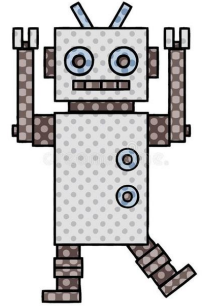
JOIN THE BALLET

DRESS UP IN YOUR FANCIEST CLOTHES AND BECOME A BALLERINA ON THE STAGE.



ROBOT DANCE

TURN INTO A MECHANICAL ROBOT AND SEE WHO CAN DO THE MOST REALISTIC MOVES!



SPOTLIGHT DANCE

GRAB A SPOTLIGHT AND TAKE TURNS DANCING IN THE SPOTLIGHT.



DANCE LIKE A SUPERHERO

WHAT KIND OF SUPERPOWERS DO YOU HAVE? INCORPORATE YOUR SUPERPOWER INTO YOUR DANCING.



JUMP TO THE BEAT

PUT ON SOME UPBEAT MUSIC AND SEE WHO CAN DO THE MOST JUMPING JACKS FOR THE DURATION OF THE SONG.



SCARF OR RIBBON DANCE

GRAB SOME SCARVES, RIBBONS OR LONG PIECES OF FABRIC AND DANCE TO THE MUSIC USING YOUR MATERIALS AS PROPS.



ANIMAL DANCE

TURN ON SOME LIVELY INSTRUMENTAL MUSIC AND TURN INTO YOUR FAVORITE ANIMAL ON THE DANCE FLOOR!



SLOW MOTION DANCE

DANCE AS SLOWLY AS YOU CAN WHILE STILL MOVING YOUR BODY FOR THE ENTIRE SONG

